

Edition 16, Fall 2011



News

JOIN THE VOICES FOR RECOVERY

RECOVERY BENEFITS EVERYONE

National Recovery Month
Prevention Works • Treatment is Effective • People Recover
SEPTEMBER 2011



7th Annual Ride for Recovery
In Memory of Bob Herne
August 20, 2011
Somerville to Maynard

US Dept of Health/Substance Abuse and Mental Health Services Administration (SAMHSA),
The Center for Substance Abuse Treatment (CSAT), as The National Sponsor &

MOAR, CSAT National Recovery Month Partner, Invite You to:
"Join the Voices for Recovery: Recovery Benefits Everyone"

-Celebrate the Reality and Hope of Recovery-
-Honor The Contributions of Prevention, Treatment, and Recovery Support Services-



September is National Recovery Month

Recovery Day—September 26



YOU ARE MOAR WANTED
MOAR and Friends 21st Annual Recovery Celebration Day
Monday, September 26, 2011
March from Boston City Hall to the State House

9:00 AM - Meet at Boston City Hall
9:30 AM - March to Gardner Auditorium, The State House
10:15 AM - Recovery Month Celebration
12:30 PM - Visit Your Elected Legislators
12:30 PM - Luncheon, Great Hall
1:30 PM - MA Bureau of Substance Abuse Services,
Public Policy Forum, Gardner Auditorium

"Behavioral Health is Health Care:
Pathways to Integrated Care "



Thank you to City of Boston, MA Bureau of Substance Abuse Services, Dept. of Public Health,
Greater Boston Council on Alcoholism, Senate President Therese Murray—Celebration Sponsor,
High Point Treatment Center, Spectrum Health Services
with many MOAR of You! All to be listed!

In this Issue:

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- Recovery Month 2011
- Meet David Mineta, ONDCP
- "1000th" Overdose Reversal
- Good Samaritan Campaign
- Payment Reform & Addiction
- A.R.E.A.S—Addiction Recovery Education Access to Services
- MA—ATR - MA Access to Recovery
- Athena Haddon - Voices Award
- Daniel Alford, MD - Champion

- Experience The Visible, Vocal, Valuable Vigor from Our Recovery Stars
- Hear David Mineta, National Drug Control Policy Deputy Director
- Make The Good Samaritan Move to Save Lives from Overdoses Reality!
- Help SAFE—MA Make Massachusetts Free From Alcohol Advertisement
- Spread The Word about Addiction Prevention, Treatment, & Recovery as Essential Payment Reform Benefits to Everyone
- Join The Conversation:
"Behavioral Health is Health Care:
Pathways to Integrated Care "



David Mineta-Deputy Director of Demand Reduction, White House Office Of National Drug Control Policy

David K. Mineta was confirmed unanimously by the United States Senate on June 22, 2010 to be the Deputy Director of Demand Reduction for the Office of National Drug Control Policy. The agency's principal purpose is to establish policies, priorities, and objectives for the Nation's drug control program.

The 2011 National Drug Control Strategy emphasizes

- Drug prevention and early intervention programs in healthcare settings,
- Diverting non-violent drug offenders into treatment instead of jail,
- Funding more scientific research on drug use,
- Expanding access to addiction treatment,
- Supporting individuals and families in recovery.

In response to The National Prescription Drug Epidemic The Office of National Drug Control Policy Strategy emphasizes

- **Education:** Educate parents, youth, and individuals about the dangers of abusing prescription drugs, while requiring prescribers to receive education on the appropriate and safe use, proper storage and disposal.
- **Monitoring:** Implement prescription drug monitoring programs (PDMPs) in every state, (Congratulations to Massachusetts for implementing) to reduce "doctor shopping", diversion, and enhance PDMPs to make sure they can share data across states and are used by healthcare providers.
- **Proper Medication Disposal:** Develop convenient and environmentally responsible prescription drug disposal programs to help decrease the supply of unused prescription drugs in the home.
- **Enforcement:** Provide law enforcement with the tools necessary to eliminate improper prescribing practices and stop pill mills

MOAR supports the above in collaboration with many coalitions across Massachusetts

Massachusetts Good Samaritan Update: Save a Life—Call 911

2 People Die from an Opioid Overdose Every Day - Judiciary Committee Hearing is October 5th

Massachusetts has an opportunity to make it law to help save lives in Massachusetts by offering protection against possession charges, making it more likely that overdose witnesses will call 911 for emergency medical help during an overdose. Fear of police involvement is the #1 reason individuals do not call 911 for help during an overdose. There are currently three legislative proposals that would help reduce that fear and help people feel confident to call 911 for help.

One of these, offered by Senator Tolman, includes legal protection for those who:

- Prescribe naloxone (Narcan®), a medication that reverses opiate overdoses
- Possess and/or administer naloxone to someone appearing to have an opiate overdose

Massachusetts Department of Public Health 1000 Overdose Reversal Celebration

Heartfelt vigils are being held to remember lives lost from overdoses. On September 20th, Massachusetts celebrated 1000 overdoses reversed by a medication, Narcan. The Massachusetts Department of Public Health needs to be applauded for making Narcan training available to all.

For Narcan Training Information; call the Massachusetts Helpline at 1-800-327-5050 .

How Can Payment Reform Help Support Prevention, Treatment, and Recovery?

What is Payment Reform? Due to the rising health care cost, there is a movement to provide an affordable health care system that promotes accessible, coordinated, person-centered care that focuses on health and disease prevention. This new system is to provide "global payments" to Accountable Care Organizations (ACO) versus Fee for Service. The ACO is a team of health care professionals — centered around the person's care. "Integrating" mental health and addiction services with other health care services in ACO's is very important to MOAR!

What does MOAR Want from Payment Reform? MOAR wants to make sure that Payment Reform includes Quality Payment for needed Quality Services! We want to make sure that behavioral health teams of knowledgeable medical professionals, clinicians, and peer support are included in Accountable Care Organizations. We want to make sure that global payments cover the need for quality care- at the right time, by the right provider, - so individuals and their families receive quality care.

MOAR Is Supportive of Moves to Recognize

- Licensed Alcohol and Drug Clinicians I (only licensed professional with requirement for addiction experience, knowledge, and skills)
- Recovery Coaches and Peer Navigators to help individuals and families become familiar with the service system
- "Prevention Trust" to support funding for quality community based prevention
- A Continuum of Care inclusive of evidence based long term treatment and recovery support services

MOAR is Grateful to The Campaign for Quality Care, mental health recovery advocates, treatment providers, and policymakers, who are hearing the concerns of the addiction recovery community. Join The Voices for Recovery; Recovery Benefits Everyone!

A.R.E.A.S- Addiction Recovery Education Access Services

Peer to Peer Recovery Support Services are, as the word peer implies, both designed and delivered by people that have experienced both addiction and recovery. In these groups, people learn how to cope with issues such as housing, education, and relationships. MOAR conducts practical problem solving groups for those in recovery which are designed to strengthen participation in recovery and help prevent relapse. This is done by providing information about common practical problems faced by people in recovery and helping people connect to the appropriate resources. We focus on a topic decided by group participants. AREAS participants receive support and leadership development, as well as opportunities to become involved with MOAR in a personal and meaningful way. Currently MOAR holds weekly, one-hour peer to peer AREAS groups in **East Boston, New Bedford, Worcester, and Springfield. Tewksbury is next!**

What is MA-ATR? Massachusetts Access To Recovery Grant

Massachusetts Access To Recovery Grant (MA-ATR) is a 4 year Massachusetts Department of Public Health/Bureau of Substance Abuse Services (MDPH/BSAS) program funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

- Provides opportunities for persons in early recovery to receive a variety of Addiction Recovery Support Services (RSS) through an electronic voucher payment system.
- Designed to give people with addiction disorders greater choice in their recovery by having wider access to community services to help start or continue on the road to recovery.
- Brings together traditional treatment services with a host of non-traditional community and faith-based recovery support services.
- Provides services in two counties: Hampden County (Springfield area); Suffolk County (Boston area).
- Provides services for persons in early recovery, 18 years or older, with criminal justice history, willing to develop and focus on their own personalized plan for recovery.

MOAR Interested? Go to: www.ma-atr.org, or contact the Help Line at: 1-800-327-5050

MOAR Congratulates Athena Haddon - SAMHSA Voices Award Winner

Athena Haddon was honored by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), and Center for Mental Health Services, as a Voice Awards consumer/peer leader at The Paramount Theater, in Los Angeles, California. The Voices Award is given to an individual, who has played a vital role in raising both awareness and understanding of behavioral health (mental health and/or addiction issues) and has promoted the social inclusion of individuals with behavioral health problems.

Athena is the very wonderful Director of Everyday Miracles, a peer recovery support center hosted by Spectrum Health Systems in Worcester, MA. She is instrumental in organizing the Worcester Cares About Recovery Walk & Celebration to celebrate National Recovery Month. Athena demonstrates "Recovery Benefits Everyone!"



Daniel Alford, MD, White House Champion of Change

Dr. Alford was honored as one of President Obama's **Champions of Change** program, which hosts weekly White House visits for innovators in various fields. He is a School of Medicine associate professor, and medical director of **MASBIRT** (Massachusetts Screening, Brief Intervention, Referral and Treatment), a federally funded program at Boston Medical

Center and seven other hospitals and community health centers in the state that screens for alcohol, tobacco, and drug use. With Massachusetts Department of Public Health support, MASBIRT, BMC and participating organizations have trained health promotion advocates, who work throughout the institutions, from primary care offices to emergency rooms, screening people for substance use and assessing what the next step should be to help those with problems. The goal is to identify people at risk of addiction before they become addicted. "If we waited for patients with kidney disease to need dialysis, that would be malpractice," he says. "That's kind of what we've done with addiction. We basically ignore unhealthy substance use until the person's coming in with alcoholism or drug addiction." Alford, who joined the BU faculty in 1996, also leads BMC's program to train medical residents in a new subspecialty

Addiction Medicine (for nonpsychiatric doctors). BMC recently appointed its **1st addiction resident**, **1** of only **20** such residents nationwide. MOAR agrees with **President Obama**.

Like What You See - Join MOAR!

- ◆ **MOAR** is participating in a Public Education Campaign with Norfolk County District Attorney Office!
- ◆ **MOAR** participated in a Weymouth Public Access Television Dialogue with Mayor Sue Kay! Thank You!
- ◆ **MOAR** with support from USD/HHS/SAMHSA/CSAT and Middlesex Human Services experienced our **Best Ever 7th Annual Recovery Month Ride for Recovery**.
- ◆ **MOAR** is a MA Coalition for Addiction Services member moving to keep the continuum of care alive and well.
- ◆ **MOAR A.R.E.A.S Program (Addiction Recovery Education Access Services)** Facilitators are now helping others learn about housing, education, career, and insurance rights across the system. 12 MOAR members attended the NESAS Recovery Coach Academy!
- ◆ **MOAR** is spreading the word about Insurance Parity and Health Care Reform. We joined Campaign for Better Care to make sure addiction is fully covered under Payment Reform. Recognition of LADC 1 & Recovery Coaches is a must.
- ◆ **MOAR** participated in Central MA Legal Assistance Center Know Our Rights Forum.
- ◆ **MOAR** is pleased to partner with the Institute for Health and Recovery & Gavin Foundation in a Federally funded ROSC (Recovery Oriented Systems of Care) project "YARD" - Young Adults Recovery Destination.
- ◆ **MOAR** participates with Roxbury Jamaica Plain Coalition in the *Linking Incarcerates Project* which provides incarcerates with opioid overdose prevention information.
- ◆ **MOAR** Board Member, Paul Kusiak spoke before a hospital grand rounds!
- ◆ **MOAR** Annual Statewide Holiday Forum in Worcester will bring together a 2012 Recovery Take Action Crowd!



Massachusetts Organization for Addiction Recovery

‘Visible, Vocal, Valuable’

DO MOAR!

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Join BSAS

Consumer Advisory Board

Call Jim Hiatt at

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MOAR Board

President: Amos Marshall

Vice President: Tom Delaney

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Board Members:

James Direda

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Maureen Harvey

Paul Kusiak

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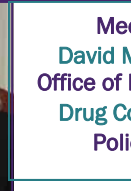
Rob Pezzella

Vicente Sanabria

Save The Date
Northeast Policy Forum
November 16, Peabody

MOAR Annual Holiday
Celebration
December 13, 2011
Mechanics Hall, Worcester

Meet some of our Recovery Day Stars
Jimmy Tingle, Comedian; Rick Dyer, lawyer;
Rep Jim O'Day, Kitty Dukakis, advocate;
Woody Giessmann, Right Turn;
Senator Steven Tolman with Recovery High School
Students; Improbable Players; Michael Botticelli, MA
Bureau of Substance Abuse Services Director;
Mental Health & Substance Abuse Services Chairs,
Senator John Keenan & Rep Liz Malia,
Association for Behavioral Health Care & MA Coal-
ition for Addiction Services, Vic DiGravio;
Senate President Therese Murray;
Kattie Portis, City of Boston Drug Policy Advisor,
Barbara Ferrer, BPHC Executive Director



Meet
David Mineta,
Office of National
Drug Control
Policy



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