Addiction and Mental Health Recovery Peer Support Resource Guide
## Index

### Addiction/Dual Recovery Peer Supports
- **Peer Recovery Support Centers**
- **Family Resources**
- **Dual Recovery Anonymous**
- **Massachusetts Organization for Addiction Recovery (MOAR)**
- **Online Resources for Persons who are Deaf or Hard of Hearing**

### Mental Health Recovery Peer Supports
- **The Transformation Center (dba Kiva Centers)**
- **Recovery Learning Communities**
- **Peer-Run Respite**
- **Peer Run Warm-Lines**
- **Young Adult Resources**

### Other Non-Clinical Peer-Driven Resources
- **WRAP/WHAM**
- **Clubhouses**

### Cross-Disability/Miscellaneous Resources
- **Independent Living Centers**
- **Miscellaneous Resources**
Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

Update: Many peer recovery support centers have started to open. They are open for in-person supports while following COVID safety guidelines. Contact the centers directly for the most current information.

Community-based Peer Recovery Support Centers are funded by the Department of Public Health. They give individuals with alcohol and/substance use disorder issues and/or families affected by addictions a place to both offer and receive support. These centers are mostly run by volunteers. Members help choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth. There are 16 new centers in various stages of development. Below is a listing of current information on the Peer Recovery Support Centers as of January 2020.

Western Massachusetts

Recover Project

Update: Recover Project has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Please call or visit the Facebook page for the most current information (www.facebook.com/theRECOVERProject).

Contact: Abbi Cushing, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489, Ext. 103
Fax: (413) 774-6039
Email: ACushing@wmtcinfo.org
Website: www.recoverproject.org/ or https://www.facebook.com/TheRECOVERProject/

Hope for Holyoke Recovery Support Center

Update: The center is still closed but taking calls to the main number or to the director’s line (see below). People can get help for treatment and peer recovery support by telephone. Hope for Holyoke has many online support groups. These groups are run by our peers. Some are live on Facebook with opportunity to chat. Others are run over zoom. Information is listed on the Facebook page (https://www.facebook.com/HFHRC/).

Contact: Deborah Flynn-Gonzalez, Director
100 Suffolk Street
Holyoke, MA 01040
Phone: (413) 561-1020 or (413) 296-6111
Email: dflynn-gonzalez@gandaracenter.org
Website: https://gandaracenter.org/hope-for-holyoke/ or https://www.facebook.com/HFHRC/
Springfield Recovery Support Center
*Update:* The center has reopened. There is a limit to how many people can be in the building. Please call the center at (413) 320-3546. You can reserve a spot or get updates. Information on the Springfield Recovery Center online meetings are posted on its Facebook page ([https://www.facebook.com/SpringfieldPeerRecoveryCenter/](https://www.facebook.com/SpringfieldPeerRecoveryCenter/)).

Program Director: Julie Gagne
Contact: Maria Lopez, Volunteer Coordinator
383 Worthington Street
Springfield, MA 01105
Phone: (413) 507-3635
Email: mlopez@gandaracenter.org
Website: [https://www.facebook.com/SpringfieldPeerRecoveryCenter/](https://www.facebook.com/SpringfieldPeerRecoveryCenter/)

Living in Recovery
*Update:* Living in Recovery has re-opened. They are following state and federal safety guidelines. There is a limit of 10 people at a time in the building. You must also answer COVID screening questions. Support is also being offered through telephone and Zoom. For the most current information, please visit Facebook ([https://www.facebook.com/Living-In-Recovery-102917867894826](https://www.facebook.com/Living-In-Recovery-102917867894826)).

Devon Peck, Director
81 Linden Street
Pittsfield, MA 01201
Phone: (413) 270-3681
Email: Dpeck@servicenet.org
Khuff@servicenet.org
Sdunham@servicenet.org
Smanzella@servicenet.org
Website: [https://www.servicenet.org/services/addiction-services/living-in-recovery/](https://www.servicenet.org/services/addiction-services/living-in-recovery/) or [https://www.facebook.com/Living-In-Recovery-102917867894826](https://www.facebook.com/Living-In-Recovery-102917867894826)

Northampton Recovery Center
*Update:* The center is now open Mondays, Tuesdays, and Thursdays for all recovery meetings. Meetings are at 10 a.m. and 1 p.m. only. (Please arrive 15 minutes early for a check-in process. See the website for more details.) There is a limit of seven persons in the meeting circles. This is according to state recommendations based on the size of the room. Zoom meetings will continue weekdays at either 11 a.m. or 2 p.m. Stay tuned and check the Facebook page and website for updates.

Contact: Trevor Dayton, Outreach Coordinator
2 Gleason Plaza
Northampton, MA 01060
Phone: (413) 834.4127
Email: tdayton@umtcinfo.org or info@northamptonrecoverycenter.org
Website: [https://www.northamptonrecoverycenter.org/](https://www.northamptonrecoverycenter.org/) or [https://www.facebook.com/NRCrecovery](https://www.facebook.com/NRCrecovery)
Central Massachusetts

Everyday Miracles
Everyday Miracles is now in the third phase of reopening. They are following all CDC, BSAS, and Spectrum Health safety guidelines. There are requirements for people entering the building. You must have temperatures taken, complete a COVID questionnaire, and agree to all updated center rules. Please refer to website for up to date information on in-person and virtual activities and supports.

Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: www.everydaymiraclesprsc.org or https://www.facebook.com/EDMPeers/

No One Walks Alone (NOWA)
Update: NOWA is now holding in-person, outdoor meetings for up to 25 persons. Online Zoom and Skype virtual meetings/groups are also available. Check the app or website for a full schedule.

Contact: Rebecca Zwicker, Program Director
9 Spring Street
Whitinsville, MA 01588
Phone: (508) 266-0210
Email: rzwicker@familycontinuity.org
Website: https://nowarsc.org/ and https://www.facebook.com/NOWARSC
App: https://nowaedm.glideapp.io/ or https://www.facebook.com/NOWARSC

Alyssa's Place
Update: Alyssa’s Place has moved to hybrid programming. This includes in-person and virtual meetings over Zoom. Please call or visit the website and Facebook page for the most current information.

297 Central Street
Gardner, MA 01440
Contact: Alexa Perivolotis, Program Director
Phone: (978) 364-0920
Email: aperivolotis@gaamha.org
Website: https://www.facebook.com/pages/category/Community/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/
Northeast Massachusetts

New Beginnings Peer Recovery Center

Update: The center is open by appointment for members and others who could need the center’s resources. The hours are Monday through Friday from 9 a.m. to 4 p.m. Check the current Facebook page for online meetings and other support:

Contact: Joanna Morillo, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: joanna.morillo@spectrumhealthsystems.org
Website: http://www.newbeginningsprc.org/ or https://www.facebook.com/LawrenceRecoveryCenter/

Lowell Recovery Café

Update: The Recovery Café’ has reopened. They have limited capacity and are following COVID safety protocols. Please call the Recovery Café’ for the most current information.

Contact: Rich Hollett, Program Director
20 Williams Street
Lowell, MA 01852
Phone: (978) 677-6087
Email: rhollett@lowellhouseinc.org
Website: https://www.lowellhouseinc.org/recovery-cafe

Lynn Peer Recovery Support Center – Coming Soon

The Bridge Recovery Center (opening soon)

Update: The Bridge Recovery Center hopes to open by the end of October. They will follow COVID safety protocols. Please contact The Bridge Recovery Center at (781) 480-4937 for the most current information.

239 Commercial St
Malden Ma 02148
Keriann Caccavaro, Director
Phone: (781) 480-4937
Email: KeriannCaccavaro@gavinfofoundation.org
Metro West Massachusetts

The Recovery Connection
Update: The Recovery Connection has moved to hybrid programming. This includes in-person and virtual meetings. New hours are 9 a.m. to 3:30 p.m. There is a limit of seven people. You must follow COVID-19 safety guidelines. Please contact the Recovery Connection at (508) 485-0298 for the most current information.

Contact: Brandon Tupper, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: brandon.tupper@spectrumhealthsystems.org
Website: http://www.therecoveryconnection.org/ or https://www.facebook.com/TheRecoveryConnection.org/

A New Way Recovery Center
Update: The center has reopened with a limited capacity. They are following COVID safety guidelines. Please contact the New Way Recovery Center at (617) 302-3287 for the most current information.

Contact: Warren Nicoli, Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org
Website: http://anewwayrecoveryctr.org/ or https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/

Turning Point Recovery Center
Update: Find up-to-date meeting information and other news on the Facebook page: https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/.

Contact: Gerard Touchette, Outreach Coordinator
32 Common Street
Walpole, MA 02081
Outreach Coordinator: (617) 595-6250
Turning Point Recovery Center main phone: (508) 668-3960
Email: gtouchette@baystatecs.org
Website: https://turningpointrecoverycenter.org/ or https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/
Framingham Recovery Center  
**Update:** The center has opened with limited capacity. They are following COVID safety guidelines. Please contact the Framingham Recovery Center at (508) 424-2520 for the most current information.

Contact: Amy Odell, Program Director  
19 Concord St. Suite 1  
Framingham, Ma 01701  
Phone: (508) 424-2520  
Email: recoverycenter@smoc.org  
Website: [https://www.facebook.com/Framingham-RecoveryCenter-113930353636134/](https://www.facebook.com/Framingham-RecoveryCenter-113930353636134/)

Southeast Massachusetts

Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod  
**Update:** PIER has re-opened with limited capacity. The hours are 10 a.m. to 12 noon. Afternoon hours are from 1 to 2 p.m., and you must make an appointment. Please call the center at (508) 827-6150 for the most current information, to make an appointment, or to be connected with a peer support specialist. Zoom meetings available—see Facebook page.

Shelby Silverson, Director  
Contact: Erin Pierce, Peer Support Specialist  
209 Main Street  
Hyannis, MA 02601  
Phone: (508) 827-6150  
Email: ssilverson@gandaracenter.org or pierrecoverycenter@yahoo.com  
Website: [https://gandaracenter.org/pier/ or](https://gandaracenter.org/pier/) [https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/](https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/)

Stairway to Recovery  
**Update:** The center has re-opened. A limited number of people can be inside at one time. Please call the center at 774-257-5660 before coming in. For the most current information, call the center or visit the Facebook page.

Contact: Efrain Baez, Program Director  
90 Main Street  
Brockton, MA 02302  
Phone: (774) 257-5660  
Email: ebaez@gandaracenter.org  
Website: [https://gandaracenter.org/stairway-to-recovery/ or](https://gandaracenter.org/stairway-to-recovery/) [https://www.facebook.com/Stairway2Recovery](https://www.facebook.com/Stairway2Recovery)

Peer2Peer  
**Update:** Zoom online meetings are available. See the Facebook page for information.

Contact: Mike Bryant, Director  
175 North Main Street  
Fall River, MA 02720  
Phone: (508) 567-5086  
Email: mbryant@steppingstoneinc.org  
Website: [https://www.facebook.com/P2PRSC/](https://www.facebook.com/P2PRSC/)
Martha’s Vineyard Recovery Center
Update: The center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (508) 693-2900 or visit the Facebook page.

Contact: Jeremy Norton, Director
Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-2900
Website: https://www.facebook.com/RecoveryMV/

Plymouth Recovery Center
Update: The Plymouth Recovery Center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (774) 776-3515. Visit the Facebook page for daily updates.

Contact: Dan Kelly, Director
5 Main Street
Plymouth, MA 02360
Phone: (774) 776-3515
Email: dkelly@gandaracenter.org
Website: https://plymouthrecoverycenter.org/ or https://www.facebook.com/PlymouthRecoveryCenter/

RISE Recovery Support Center – now open!
Update: For the most current information, please contact the center at (774) 762-4431.
Jamie Casey, Director
Contact: Ozy Acevedo, outreach coordinator
497 Belleville Ave,
New Bedford, MA 02746
Phone: (774) 762-4431
Email: Oacevedo@paaca.org
Website: https://www.facebook.com/RISErecoverysupportcenter/

Boston Area

STEPRox
Update: All meetings are still being held remotely. For the most current information, please contact STEP Rox at 617-322-3277 or visit the Facebook page.

Contact: Loretta Leverett, Director
153 Blue Hill Avenue
Mattapan, MA 02126 soon
1427 Blue Hill Avenue (Temporary Address - Moving to a new location on Blue Hill Avenue in mid-October)
Mattapan, MA 02126
Phone: (617) 332-3277
Email: lleverett@northsuffolk.org
Website: http://northsuffolk.org/services/addiction-services/recovery-support/ or https://www.facebook.com/steproxsupportcenter
Devine Recovery Center

*Update:* The center itself is still not open. But a number of meetings are currently being held in the outside area. For the most current information, please contact the center at (857) 496-1384.

Contact: Jen Callahan, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-1384 x601
Fax: (857) 496-0177
Email: devinerecoverycenter@gmail.com or JenCallahan@GavinFoundation.org

St. Francis House Recovery Support Center

*Update:* St. Francis House Recovery Support Center remains open to its members. It is not accepting new members right now due to the pandemic.

Contact: Darren Morgan, Member Engagement Coordinator or Efrain Lozada, Director
39 Boylston Street
Boston, MA 02116
Phone: Darren Morgan: (617) 654-1201, Efrain Lozada: (617) 457-1067
Email: dmorgan@stfrancishouse.org and eloza@stfrancishouse.org

Recovery on the Harbor (opening shortly)

Contact: Jenny Celata, Director
983 Bennington Street
East Boston, MA 02128
Email: Vcelata@northsuffolk.org

The Boston Public Health Commission also funds the Safe and Sound Recovery Center. *This provides peer-led support services. Those services include recovery coaching, support groups, peer leadership training opportunities, and more.*

Safe and Sound Recovery Center

*Update:* Safe and Sound Recovery Center is open. You must stay socially distant and wear masks.

Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Open NA Meetings: Monday - Friday, 9 – 10 a.m., and 12 – 1 p.m.
Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.
Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope

Update: All in-person meetings are postponed until further notice. For information on virtual support meetings via Zoom please visit https://www.learn2cope.org/contacts/. Please continue to check the website and Facebook page for the most current updates. As always, office staff will be available for questions at 508-738-5148. Peer support is also available 24/7 through the Learn to Cope private discussion board.

Learn to Cope is a peer organization. They help family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through statewide weekly meetings.

Joanne Peterson, Executive Director
Contact: Patty or Carrie
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.
Email: ltc@Learn2cope.org
Website: learn2cope.org or https://www.facebook.com/Learn2Cope-257344120966186/

Dual Recovery Anonymous

Update: Online DRA meetings are available through the Massachusetts Clubhouse Community.

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program. It help individuals affected by an emotional or psychiatric disability. It also helps people with an alcohol or drug dependency or addiction. Its members help each other achieve dual recovery, prevent relapse, and carry the message of recovery to others.

The Massachusetts Clubhouse Coalition (MCC) has expanded the availability of DRA meetings throughout the state. They have a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now 50 DRA groups and substance awareness meetings in Massachusetts. A current schedule of meetings can be found on the link listed below.

Dual Recovery Anonymous™ website: http://www.draonline.org/

Current list of DRA meetings: https://www.massclubs.org/dual-recovery-meetings/

More information on the MCC and DRA: https://www.massclubs.org/dual-recovery-committee/
Massachusetts Organization for Addiction Recovery (MOAR)

*Update:* MOAR’s website has been updated. It includes an online resource guide with a variety of recovery support meetings. There is also information specific to the COVID-19 emergency.

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends. They want to educate the public about the value of living in recovery. MOAR has a resource guide on addiction, recovery, and community resources. It also offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders, and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: http://www.moar-recovery.org

Online Resources for Persons Who Are Deaf or Hard of Hearing

*Update:* No new updates. These agencies are already online.

**Online Deaf and Hard of Hearing 12-Step Meeting List:**
http://aa-intergroup.org/directory_dhoh.php

**Deaf off Drugs and Alcohol (DODA):**
https://www.facebook.com/Deaf-Recovery-DODA-112334123604/

Mental Health Recovery Peer Supports

**The Transformation Center, dba Kiva Centers**
The Transformation Center, also called Kiva Centers, is a statewide, peer-run organization. They help the community voice the needs of people with mental health, trauma, or dual mental health/addiction recovery needs. They also develop and promote effective recovery support.

The Transformation Center hold certified peer specialist (CPS) training and certification for Massachusetts. They expand availability of WRAP classes and facilitator training. They also support activities to help change policy.

Contact: Brenda Vezina, CEO/Executive Director
206 Southbridge Street
Auburn, MA 01501
Phone: 508-466-7117
Fax: (508) 751-9601
Email: info@kivacenters.org
Website: https://kivacenters.org/
Recovery Learning Communities

Recovery Learning Communities (RLCs) are funded by DMH. RLCs are peer-run networks of self-help and support. They provide information and referral, advocacy, and training activities. Trainings are about recovery concepts and tools. They also hold advocacy forums and social and recreational events. RLCs also help persons with psychiatric disabilities to take charge of their own recovery process.

RLCs hope to create a change in culture. They would like to see traditional focus on symptoms change to promoting recovery, resilience, and wellness. RLCs work together with peer-run organizations and services, other mental health providers, other human service agencies, and the community. This group effort helps the mission of bringing communities together and showing respect for people with mental health conditions.

Western Mass Recovery Learning Community (RLC)/Wildflower Alliance

**Update:** All Western Mass RLC centers (Springfield, Holyoke, Greenfield, and Pittsfield) have stayed open with limited capacity. For up-to-date information of what’s open, please visit their on-line calendar at: [http://www.westernmassrlc.org/calendar](http://www.westernmassrlc.org/calendar). For listings of activities offered remotely (by phone/o-line), visit: [https://tiny.cc/RLConline](https://tiny.cc/RLConline).

Contact: Sera Davidow, Director
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: info@westernmassrlc.org
Website: [http://www.westernmassrlc.org/](http://www.westernmassrlc.org/)

The Western Mass RLC has four parts: peers supporting peers, alternative healing practices, advocacy, and learning and growth opportunities. Peer supports include a bridging team. They go into local jails and hospitals to support people transitioning back to the community. They offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new project called Empowering Individuals with Lived Experience. This will focus on reaching people who have been made to feel less because of their psychiatric history, their gender, sexual orientation, race, disability status, and other identities. These things can limit people’s access to resources and full community participation.

**Western Mass RLC Community Centers are located at:**

**Holyoke Center**
Contact: Giselle Guillén-Martínez, Community Coordinator
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: giselle@westernmassrlc.org
Website: [http://www.westernmassrlc.org/holyoke](http://www.westernmassrlc.org/holyoke)
Springfield Center (Bowen Resource Center)
Contact: Mike Cook, Community Coordinator
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Email: michael@westernmassrlc.org
Website: http://www.westernmassrlc.org/springfield

Greenfield Center
Contact: Calvin Moen, Community Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: calvin@westernmassrlc.org
Website: http://www.westernmassrlc.org/greenfield or http://www.westernmassrlc.org/greenfield

Pittsfield Center
Contact: Jean-Marie, Community Coordinator
361 North Street
Pittsfield, MA 01201
Phone: (413) 464-9807
Email: jeanmarie@westernmassrlc.org
Website: http://www.westernmassrlc.org/pittsfield

Central Massachusetts Recovery Learning Community (RLC): A component of the Kiva Centers
Update: A wide variety of supports and resources such as yoga and Zumba, Hearing Voices Network, Alternatives to Suicide, have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings: http://www.kivacenters.org/calendar/ or https://www.facebook.com/kivacenter/TheKivaCenter

Contact: Mike MacInnis, Director of Kiva Centers Programs
209 Shrewsbury Street
Worcester, MA 01604
Phone: (508) 751-9600
Fax: (508) 751-9601
The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.
Email: info@kivacenters.org or mmacinnis@kivacenters.org
Website: www.kivacenters.org or https://www.facebook.com/kivacenter/
Kiva Metro West Access Center
*Please note that this RLC site is only open on Tuesdays and Thursdays from 10 a.m. to 2 p.m.*

Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators
855 Worcester Road, Suite 12 (Trolley Square Plaza)
Framingham, MA 01701
Phone: (508) 626-2206
Email: Lvezina@kivacenters.org or Asilva@kivacenters.org
Website: http://www.kivacenters.org/areas/framingham/

Kiva South County Site
*Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.*

Contact: Jasmine Quinones, Program Coordinator
346 Main Street
Southbridge, MA 01550
Phone: (508) 765-6670 or (508) 751-9600
Email: jquinones@kivacenters.org
Website: http://www.kivacenters.org/areas/south/

Additionally, Kiva support groups take place in the following communities:
Fitchburg, Leominster, Gardner, Hudson: http://www.kivcenters.org/areas/north/
South County area (Southbridge to Milford): http://www.kivcenters.org/areas/south/
Natick, Marlborough: http://www.kivcenters.org/areas/framingham/

For Young Adults:
*Update:* All in-person activities are currently cancelled. For information on virtual supports and activities, please visit https://ziacenter.com/.

**Zia Young Adult Access Center and Advocacy Network,** a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

Northeast Recovery Learning Community (RLC)
*Update:* Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times.

Contact: Helina Fontes, NERLC Program Director
20 Ballard Road
Lawrence, MA 01843
Telephone (V/TTY): (978) 687-4288, Ext. 149
Fax: (978) 689-4488
Email: hfontes@nilp.org or help@nilp.org
Website: https://www.nilp.org/nerlc/ or https://www.facebook.com/nerlc or https://www.facebook.com/NortheastIndependentLivingProgram/
Northeast RLC Hubs are located at:

**Essex North Hub**
Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or Lisa Rivard, Peer Specialist
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggten@nilp.org or lrvard@nilp.org

**Greater Lowell Hub**
Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or David Carignan, Peer Specialist
35 John Street, 2nd Floor
Lowell, MA 01852
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggten@nilp.org or dcarignan@nilp.org

**Metro North Hub**
Contact: Rachely Ramos, Metro North/Acton Hub Manager
40 Eastern Avenue, Suite 318
Malden, MA, 02148
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

**Greater Lynn Hub**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager or Gerry McManamy, Peer Specialist
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org or gmcmanamy@nilp.org

**North Shore Area**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org

**Acton Area**
Contact: Rachely Ramos, Metro North and Acton Hub Manager
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

**Transitional Age Youth (TAY) Peer Support**
Contact: Rachely Ramos, Metro North and Acton Hub Manager
Location: Northeast Area Wide
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org
Older Adult Peer Support
Contact: Joanne Wolf, Older Adult Peer Specialist
Location: Northeast Area-Wide
Telephone: (978) 687-4288, Ext. 202
Email: jwolff@nilp.org

Metro-Boston Recovery Learning Community (RLC)
Update: The Metro Boston RLC is currently offering online and conference call line peer support groups. Information is available at: http://metrobostonrlc.org/ The Peer Support Network is currently providing limited one to one in-person peer support. Please call for making an appointment at 617-788-1034.

The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

**Boston Resource Center (BRC)**
Contact: Yuka Gordon, Director
85 East Newton Street, Ground Floor
Boston, MA 02118
Phone: (617) 875-4997
Fax: (617) 414-1975
Email: info@metrobostonrlc.org
Website: [http://www.metrobostonrlc.org/brc.html](http://www.metrobostonrlc.org/brc.html)

**Cambridge/Somerville Recovery Learning Center**
Contact: Janel Tan, Director
35 Medford Street, 1st Floor, Suite 111
Somerville, MA 02143
Phone: (617) 863-5388
Email: tanj@vinfen.org
Website: [http://www.metrobostonrlc.org/csrlc.html](http://www.metrobostonrlc.org/csrlc.html)

**Peer Support Network**
Contact: John Medeiros, Director
31 Bowker Street, 5th floor
Boston, MA 02114
Phone: (617) 788-1034
Email: psn@baycove.org or jmeieiros2@baycove.org
Website: [http://www.metrobostonrlc.org/psn.html](http://www.metrobostonrlc.org/psn.html) or [http://www.metrobostonrlc.org](http://www.metrobostonrlc.org)
**Dorchester satellite** (*Saturdays only, 10 a.m. – 3 p.m.)
*To gain access to the building and for programming and other information please call (617) 788-1034.*
1500 Dorchester Avenue
Dorchester, MA 02122
Contact: Director John Medeiros, Director
Phone: (617) 788-1034
Email: psn@baycove.org or jmedeiros2@baycove.org

**Hope Recovery Learning Center**
Contact: Julie Anne Entwistle, Center Coordinator or Zohreh King, Director of Recovery
The DMH Erich Lindemann Mental Health Center
25 Staniford Street (plaza level)
Boston, MA 02114
Phone: (617) 912-7867
Email: jentwistle@northsuffolk.org
Website: [http://www.metrobostonrlc.org/hope.html](http://www.metrobostonrlc.org/hope.html)

**South East Recovery Learning Community (RLC)**
*Update: Online groups are available. See updated listings below for details on specific centers:*
Contact: Sandra Whitney Sarles, Director
c/o 106 Bassett Lane
Hyannis, MA 02601
Phone: (774) 212-4519
Email: info@southeastrlc.org or sandra.whitney-sarles@bmc.org
Website: [http://www.southeastrlc.org/](http://www.southeastrlc.org/)

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

**Fall River RCC**
*Update: Online groups are available. See calendar link for details:*
Contact: Niki Fontaine, Area Program Director
649 Bedford Street
Fall River, MA 02720
Phone: (508) 675-3137
Email: fontainen@vinfen.org
Hyannis RCC

**Update:** Online groups are available. See calendar link for details: [http://www.southeastrlc.org/hyannis-calendar.html](http://www.southeastrlc.org/hyannis-calendar.html)

Contact: Don Lonergan, Interim Program Director
106 Bassett Lane
Hyannis, MA 02601
Telephone: (508) 815-5218
Email: lonergand@vinfen.org
Website: [http://southeastrlc.org/hyannis-recovery-connection-center/](http://southeastrlc.org/hyannis-recovery-connection-center/)

Brockton RCC

**Update:** Virtual one to one support and online groups are available. See calendar link for details: [http://southeastrlc.org/wp-content/uploads/2020/06/Brockton-Groups-online-Revised-6_19_20-1-scaled.jpg](http://southeastrlc.org/wp-content/uploads/2020/06/Brockton-Groups-online-Revised-6_19_20-1-scaled.jpg)

Contact: Barbara DeCunzo, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (508) 857-0316
Email: barbaradecunzo@bamsi.org

Quincy RCC

**Update:** Online groups are available. See website for schedule and details: [http://www.southeastrlc.org/quincy_index.html](http://www.southeastrlc.org/quincy_index.html)

Contact: Abigail Gascoyne, Area Program Director
1458 Hancock Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: gascoynea@vinfen.org
The Five Recovery Learning Communities and Their Locations

Western MA RLC
(Western MA Consortium)
- Holyoke Center
- Springfield Center
- Greenfield Center
- Pittsfield Center

Central MA RLC
(Transformation Center)
- Worcester RCC
  (Kiva Center)
- Kiva MetroWest

North East RLC
(NE Independent Living Program)
- Essex North Communities Hub
- Greater Lowell Communities Hub
- Metro North Communities Hub
- Greater Lynn Communities Hub

SE RLC
(Boston Medical Center *)
- Fall River RCC
  (Vinfen)
- Hyannis RCC
  (Vinfen)
- Brockton RCC
  (BAMSI)
- Quincy RCC
  (Vinfen)

Metro Boston RLC
(BMC *)
- Boston Resource Center
  (BMC)
- Cambridge/Somerville Recovery Learning Center
  (Vinfen)
- PERC
  (Dorchester)
  (Bay Cove)
- Hope Recovery Learning Center
  (North Suffolk)
- Peer Support Network
  (Bay Cove)

* SE RLC and
Metro Boston RLC funded
through BHC with
partner auspices agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.
Peer-run Respite/Crisis Alternatives

Afiya Peer Respite

*Update:* Afiya is open and observing COVID-19 safety measures, but is currently limiting supports to those persons at risk of forced hospitalization or in physically dangerous situations. For further details, please see the Western Mass RLC website: http://www.westernmassrlc.org/cancellations-closures-a-delays/887-closures-and-cancelations-for-march-and-april-2020

Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya’s mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director
Phone: (413) 570-2990
Email: ephraim@westernmassrlc.org
Website: http://westernmassrlc.org/afiya

The Living Room (Springfield)

*Update:* The Springfield Living Room is still providing in-person services, while observing COOVID safety guidelines and the maximum number of guests is currently reduced Please contact the Living Room for the most up to date information.

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Website: https://www.bhninc.org/services-and-programs/emergency-services/living-room
The Living Room (Framingham)

**Update:** The Living Room is now open for in-person visits from 8 a.m. to 10 p.m. with a limit of 2 guests at a time. Please call ahead of time, if possible. Overnight stays are not currently available. Peer specialists remain available to support individuals experiencing emotional distress or a mental health crisis with 24-hour phone support at (508) 661-3333.

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: TheLivingRoom@Advocates.org
Website: https://www.advocates.org/services/livingroom

The Greenfield Living Room

**Update:** The Greenfield Living Room is open for up to 5 people and is observing COVID safety protocols. Calling ahead (413) 775-6760 is encouraged. Computers with audio and visual capabilities are also available for persons needing access to these resources. The laundry facilities are not currently available.

The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.

140 High Street
Greenfield, MA 01301
Phone: (413) 775-6760
The Peer-to-Peer Program

**Update:** The Peer to Peer program has reopened for a limited of 8 persons at a time during new hours (Monday through Friday from 3:30 to 10 p.m. and weekends from 12:30 to 8 p.m. Please call ahead to sign up.

The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m., and Saturdays and Sundays from 10 a.m. to 10 p.m.

460 Quincy Ave, Main Floor
Quincy, MA 02169
Phone: (617) 689-2599
Website: [https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program](https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program)

Peer-Run Warm Lines

**Update:** No further updates, as these are already “virtual” supports.

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at [http://www.warmline.org](http://www.warmline.org). Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

**The Peer Support Line (Metro Boston Recovery Learning Community)**
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 – 7:45 p.m.
Website: [http://www.metrobostonrlc.org/warm-line.html](http://www.metrobostonrlc.org/warm-line.html)

**Western Mass Peer Support Line**
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: [www.westernmassrlc.org/peer-support-line](http://www.westernmassrlc.org/peer-support-line)

**Edinburg Center Warmline**
Phone: (617) 875-0748
Hours: Mondays through Sundays, 5:30 - 9:30 p.m.

**Baycove Peer Support Warmline**
Phone: (857) 378-4997
Mondays through Fridays, 9 a.m. – 5 p.m.

**Bridging Group Home Support Line (Northeast Recovery Learning Community)**
Phone: (781) 219-0710
Mondays 10-11 a.m.
Wednesdays and Thursdays 1 to 2 p.m.
Assistance with Telephone Service
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit [http://www.lifelinesupport.org/](http://www.lifelinesupport.org/).

Young Adult Resources

Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center

**Update:** STEPS has launched an online platform providing free mental health services to the public, including:

- 1:1 peer support via Microsoft TEAMS or Google Voice
- online support groups through Microsoft TEAMS and Instagram LIVE (instructions on how to join are located in the newsletter)

If you, or anyone would benefit from Virtual STEPS, please:

1. **Send** your email address to steps@waysideyouth.org so they can send the Microsoft TEAMS group invitations.
2. **Share** the calendar, newsletter, and STEPS mobile number (508-233-8228)
3. **Follow** us on Instagram [here](https://www.instagram.com/stepsyoungadults/) to stay tuned to our events and join our Instagram LIVE groups! (IG handle: @stepsyoungadults)

STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.

12 Prescott Street
Arlington, MA 02474
Phone: (781) 646-2826
Hours: Monday through Thursday, 1 - 7 p.m.
Email: steps@waysideyouth.org
Website: [http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx](http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx) or [https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_intern](https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_intern)
**Tempo Young Adult Resource Center**

**Update:** Tempo is open to limited in-person services with appointment strongly encouraged. COVID protocols including masks, temperature checks and screening questions are required. Current information is available on its Facebook page: [https://www.facebook.com/tempoyoungadults/](https://www.facebook.com/tempoyoungadults/).

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support.

The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

68 Henry Street
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: [https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/](https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/) or [https://www.facebook.com/tempoyoungadults/](https://www.facebook.com/tempoyoungadults/)

**Zia Young Adult Access Center**

**Update:** All in-person activities are currently cancelled. For information on virtual supports and activities, please visit [https://ziacenter.com/](https://ziacenter.com/).

The Zia Young Adult Access Center and Advocacy Network prioritizes youth autonomy, liberation, and support. The Zia Center is part of the Central Mass Recovery Learning Community. Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

**Zia Young Adult Access Center at the Kiva Center**
209 Shrewsbury Street
Worcester, MA 01604
Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.
Website: [https://ziacenter.com/](https://ziacenter.com/)

**Zia Young Adult Access Center at Open Sky Community Services**
4 Mann Street
Worcester, MA 01602
Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.
Website: [https://ziacenter.com/](https://ziacenter.com/)
Speaking of Hope

*Update*: No further update, as this is already a “virtual” support platform.

Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.

Email: SpeakingofHope@MassMail.State.MA.US
Website: www.speakingofhope.org or https://www.facebook.com/speakingofhopeproject/ and https://twitter.com/speakingofhope

Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.

*Update*: BAGLY has gone to online programming:
https://www.bagly.org/online-programs

For specific supports and resources around the current pandemic:
https://www.bagly.org/covid19-resources

BAGLY is a youth-led, adult-supported social support organization. It is committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts. BAGLY works with youth age 22 and younger. They provide leadership development, health promotion and services, social support, events. They are part of the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network — Massachusetts locations

*Update*: Please refer to listing directly above for current “virtual” programming.

https://www.bagly.org/the-agly-network/
Youth on Fire

*Update:* Youth on Fire is currently closed during the COVID-19 emergency.

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508
Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. – 1 p.m. and 2 – 5:45 p.m. Thursday by appointment only.
Email: yof@aac.org
Website: [http://www.aac.org/youth-on-fire/](http://www.aac.org/youth-on-fire/) or [https://www.facebook.com/YouthOnFireMA/](https://www.facebook.com/YouthOnFireMA/)

Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

*Update:* Youth MOVE MA is currently operating remotely. Persons seeking peer support can send a message on the Youth MOVE MA Facebook page.

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. We are a statewide organization of lived experience youth and young people that support others.

77 Rumford Ave
Waltham Ma 02453
Phone: Toll Free: (866)815-8122
Email: YouthMOVEMassachusetts@gmail.com
Eri Solomon, Youth Move’s Youth Coordinator, can be emailed at esolomon@ppal.net. The associate director Meri Viano can be emailed at mviano@ppal.net.
Website: [https://youthmovemassachusetts.net/](https://youthmovemassachusetts.net/) or [https://www.facebook.com/youthmovemassachusetts/](https://www.facebook.com/youthmovemassachusetts/)

Other Non-Clinical, Peer-Driven Resources

**Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)**

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a
form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: [http://www.mentalhealthrecovery.com](http://www.mentalhealthrecovery.com)

Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.

Phone: (202) 684-7457
Website: [https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham_participant_guide.pdf](https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham_participant_guide.pdf)

Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings. More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website ([www.massclubs.org](http://www.massclubs.org)) and on the International Center for Clubhouse Development (ICCD) website ([http://www.iccd.org](http://www.iccd.org)).
Listing of Massachusetts Clubhouses by Region:

Boston

Center Club
Update: Due to the COVID-19 pandemic, Center Club is temporarily offering a smaller range of services. For details, as well as regular updates go to the following links: https://www.baycovehumanservices.org/clubhouse-and-peer-services and https://www.baycovehumanservices.org/coronavirus

31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Website: http://www.centerclbboston.org/ or https://www.facebook.com/pages/Center-Club-Boston/105513792815005

Transitions of Boston
Update: Due to the COVID-19 pandemic, Transitions is temporarily offering a smaller range of services. For details and regular updates, go to the following links: https://www.baycovehumanservices.org/clubhouse-and-peer-services and https://www.baycovehumanservices.org/coronavirus

1500 Dorchester Avenue
Dorchester, MA 02122
Director: Vinnette McKay
Phone: (617) 379-5661
Fax: (617) 541-6817
Org: Bay Cove Human Services
Email: vmckay@baycove.org
Website: https://www.baycovehumanservices.org/clubhouse-and-peer-services

Webster House
Update: Webster House has re-opened on a limited basis. Please call the clubhouse for the most current information.

746 South Street
Roslindale, MA 02131
Director: Maggie Mahoney
Phone: (617) 739-5461
Org: Vinfen
Email: mahoneym@vinfen.org
Website: www.websterclubhouse.org
**Metro Boston**

**Atlantic House**  
*Update*: Atlantic House has opened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information.

338 Washington Street  
Quincy, MA 02169  
Director: Janette Tibets  
Phone: (617) 770-9660  
Org: Vinfen  
Email: Tibetsj@vinfen.org  
Website: [http://www.atlanticclubhouse.org/](http://www.atlanticclubhouse.org/)

**Elliot House**  
*Update*: Elliot House is open for a small group of members. Please contact the office for information on attending the Clubhouse. Stay connected through daily calls at 11 a.m. and 1 p.m. by Zoom at 646-558-8656, meeting ID 870-877-2971.

255 Highland Avenue  
Needham, MA 02494  
Director: Alison Siersdale  
Phone: (781) 449-1212  
Fax: (781) 449-4064  
Org: Riverside Community Care  
Email: Asiersdale@riversidecc.org  
Website: [http://elliothouse.org](http://elliothouse.org)

**Neponset River House**  
*Update*: For information on available programming and supports, please call the clubhouse.

595 Pleasant Street  
Norwood, MA 02062  
Director: Dannielle Ford-Allen  
Phone: (781) 762-7075  
Org: Riverside Community Care  
Email: dfallen@riversidecc.org  
Website: [http://www.neponsetriverhouse.org/](http://www.neponsetriverhouse.org/)
Central

Employment Options Clubhouse
Update: The clubhouse is still closed but is maintaining its COVID-19 hotline, which is responded to quickly by staff. Please call for the most current information.

82 Brigham Street
Marlborough, MA 01752
Director of Programs and Services: Liz Gulachenski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or https://www.facebook.com/EmploymentOptions/

Charles Webster Potter Place
Update: Potter Place is working remotely, making phone calls to members and delivering food and needed items as needed. The main number is being forwarded to a work cell phone, so all calls are still being received. New members are not being enrolled at this time.

15 Vernon Street
Waltham, MA 02453
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburgcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/

Crossroads Clubhouse
Update: Updated information on current services and supports can be found on the Facebook page and by calling the clubhouse during regular hours.

11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbaxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/ or https://www.facebook.com/CrossroadsClubhouse/
Crystal House

*Update:* Crystal House in preparing to reopen. Please call the clubhouse for the most current information.

55 Lake Street, #100
Gardner, MA 01440
Director: Tamela Deveikis
Phone: (978) 630 2794
Org: Open Sky
Email: tamela.deveikis@openskycs.org

Elm Brook Place

*Update:* The clubhouse is currently closed but hoping to re-open soon. Clubhouse staff are available via phone Monday through Friday from 8 a.m. to 4 p.m. Please call the clubhouse for the most current information.

4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org

Genesis Club, Inc.

*Update:* Genesis has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports and services, including employment education, housing, and wellness for its members. The clubhouse is operating with full opportunities available whether members choose to be in the building or to access the clubhouse from home. Please call the clubhouse for the most current information.

274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: [http://www.genesisclub.org](http://www.genesisclub.org) or [https://www.facebook.com/genesisclubinc](https://www.facebook.com/genesisclubinc)
Tradewinds

*Update:* The clubhouse is now open on a very limited basis by appointment only. For the most current information, please call the clubhouse.

309 Main Street
Southbridge, MA 01550
Director: Samantha Aikey
Phone: (508) 765-9947
Org: Viability
Email: tradewindsclubhouse@gmail.com
Website: https://www.facebook.com/tradewinds.club/

Northeast

Westwinds

*Update:* Westwinds’ physical site is still closed to members. Staff continue to maintain daily contact with members. For the most current information, please email Deborah Downing at ddowning@communityhealthlink.org.

133 Pritchard Street
Fitchburg, MA 01420
Director: Deborah Downing
Phone: (978) 345-1581
Org: Community Health Link
Email: ddowning@communityhealthlink.org or westwinds@communityhealthlink.org
Website: http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse

Haverhill Clubhouse

*Update:* Haverhill Clubhouse has reopened with limited capacity and is observing COVID safety guidelines. In addition, the clubhouse is still providing remote supports and services to its members. Please call the clubhouse for the most current information.

100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caracciok@vinfen.org
Website: http://www.haverhillclub.org/
Harbor Place Clubhouse

*Update:* Harbor Place Clubhouse is still closed but hoping to reopen soon. Staff are conducting outdoor home visits and outdoor groups. They are also holding one-to-one zoom meetings as needed. They continue to be available for support by telephone and to provider meals and online groups and support. Please call or email for the most current information.

95 Pleasant Street
Lynn, MA 01905
Director: Christina Tinkham
Manager: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: meharris@eliotchs.org

Horizon House

*Update:* Horizon House has re-opened to members Monday- Friday but is limited to 25% of building capacity. Meals are being served on site daily and delivered to clubhouse members unable to attend in person. Additionally the clubhouse is continuing its virtual supports: DRA conference call meetings Monday, Wednesday and Friday at 11 a.m., daily conference calls for all members at 2 p.m. as well as various online Zoom meetings. Members who are interested in attending the Clubhouse in person or with questions about what is being offered are encouraged to call.

78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Org: Riverside Community Care
Email: ctaatjes@riversidecc.org
Website: [http://www.horizonhouseclubhouse.org/](http://www.horizonhouseclubhouse.org/)

Point After Club

*Update:* Point After Club reopened on August 3 with a limited capacity and COVID-19 safety protocols. The clubhouse is also ensuring that members who are not visiting the physical location are receiving necessary services and supports. For current information please call or email.

15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: [http://www.pointafterclub.org/](http://www.pointafterclub.org/)
Renaissance Club
Update: Although the Renaissance Club is currently closed, staff are available by telephone for support and are providing free lunches for members. For more updates please check the Facebook page.

176 Walker Street, Second Floor
Lowell, MA 01854
Director: Heather Gilbert
Phone: (978) 454-7944
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: hgilbert@eliotchs.org or renclublowell@gmail.com
Website: https://www.renaissanceclublowell.org/ or https://www.facebook.com/renclub.lowell/

Salem Connections Clubhouse
Update: Salem Connections Clubhouse is currently closed but hopes to reopen slowly soon. Staff continue to outreach to members every day, to be available for support by telephone, and to provide meals and online groups and supports. For further information, please email.

50 Grove Street
Salem, MA 01970
Director: John Kirton
Phone: (978) 498-4400
Org: Eliot Community Human Services
Email: jkirton@eliotchs.org
Website: https://www.facebook.com/Salemconnectionclubhouse/

Southeast

Anchor House
Update: Anchor House has reopened with a limited capacity and is following COVID safety protocols. Please call the clubhouse at (508) 984-4300 to schedule a visit or to get the most current information.

2277 Purchase Street
New Bedford, MA 02746
Director: Paul Lavoie
Phone: (508) 984-4300
Fax: (508) 984-1453
Org: Fellowship Health Resources
Email: plavoie@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/anchorhouse or https://www.facebook.com/FHR-Anchor-House-115901989848610/
Baybridge
*Update*: Baybridge Clubhouse has reopened with limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports and services to its members. Please call the clubhouse for the most current information.

106 Bassett Lane
Hyannis, MA 02601
Director: Tom Couhig
Phone: (508) 778-4234
Org: Vinfen
Email: couhigt@vinfen.org
Website: [http://www.baybridgeclubhouse.org/](http://www.baybridgeclubhouse.org/)

Cove Clubhouse
*Update*: Cove Clubhouse has reopened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information.

383 Route 28
Harwichport, MA 02646
Director: Sabrina Kreber
Phone: (508) 432-7774
Org: Vinfen
Email: Krebers@vinfen.org
Website: [www.coveclubhouse.org](http://www.coveclubhouse.org) or [https://www.facebook.com/Cove-Clubhouse-96369568380/](https://www.facebook.com/Cove-Clubhouse-96369568380/)

Daybreak
*Update*: Staff remains available via telephone, email, or Telehealth. There is extremely limited in-person capacity. Please call the clubhouse for the most current information.

457 State Road, #B
Vineyard Haven, MA 02568
Phone: (508) 696-7563
Org: Martha’s Vineyard Community Services
Email: anicholson@mvcommunityservices.com
Website: [https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/](https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/)
Fairwinds

**Update:** Fairwinds has opened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information. Staff are also continuing to provide outreach, meals, group video chats, and more. It also posts on the Facebook page and provides telephone support.

155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmcdowell@fhr.net
Website: [http://www.fhr.net/our-services/clubhouses/fairwinds](http://www.fhr.net/our-services/clubhouses/fairwinds) or [https://www.facebook.com/fairwindsclubhouse/](https://www.facebook.com/fairwindsclubhouse/)

Our House in Brockton

**Update:** The clubhouse has reopened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information. Staff are still providing daily outreach and are available for telephone support during operating hours.

728 Belmont Street
Brockton, MA 02301
Director: Maria Lobo-Terrell
Phone: (508) 857-1657
Org: Brockton Area Multi-Services, Inc. (BAMSI)
Email: marialobo-terrell@bamsi.org

Plymouth Bay House

**Update:** Plymouth Bay House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. Please call the clubhouse for the most current information.

340 Court Street
Plymouth, MA 02360
Director: Jaimee Provan
Phone: (508) 747-1115
Org: Vinfen
Email: provanj@vinfen.org
Taunton River House

Update: Taunton River House has opened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. Please call the clubhouse for the most current information.

225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: https://www.fhr.net/our-services/clubhouses/cornerclubhouse or https://www.facebook.com/Tauntonriverclubhouse/

Towne House

Update: Towne House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members and delivering food meals five days a week. Please call the clubhouse for the most current information.

1706 President Avenue
Fall River, MA 02720
Director: Aaron Labonte
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: alabonte@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/townehouse or https://www.facebook.com/FHRTowneHouse/

Western

Forum House

Update: Forum House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. The food pantry is open by appointment Tuesdays, and Thursdays from 10 a.m. to 2 p.m. For the most current information, please call the clubhouse.

55 Broad Street
Westfield, MA 01085
Director: Sally English
Phone: (413) 562-5293
Fax: (413) 562-9163
Org: Viability
Email: senglish@viability.org or forumhouse2@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/ForumHouse-Westfield-1645719352331285/
Green River House

**Update:** Green River House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members and is still offering curbside lunches. For the most current information, please call the clubhouse.

37 Franklin Street
Greenfield, MA 01301
Director: Kim Britt
Phone: (413) 772-2181
Fax: (413) 772-2032
Org: Clinical and Support Options
Email: Kbritt@csoinc.org or grh@csoinc.org
Website: https://www.csoinc.org/community-based-programs or https://www.facebook.com/Green-River-House-243007819087077/

Lighthouse

**Update:** Lighthouse has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.

1401 State Street
Springfield, MA 01109
Director: Toni Bator
Phone: (413) 736-8974
Fax: (413) 785-5030
Org: Viability
Email: tbator@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/viabilityocks/

Star Light Center

**Update:** Star Light Center has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.

251 Nonotuck Street
Florence, MA 01062
Director: Evan Kerke
Phone: (413) 586-8255
Fax: (413) 586-8311
Org: Viability
Email: Ekerke@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/pg/251slc
Odyssey House

Update: Odyssey House has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.

474 Appleton Street
Holyoke, MA 01040
Director: Jillian Cunningham
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: jcunningham@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/Odyssey-Clubhouse-644025472417561/

Quabbin House

Update: Quabbin House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.

25 West Main Street
Orange, MA 01364
Director: Danielle Barron
Phone: (978) 544-1859
Fax: (978) 544-1860
Org: Clinical Support Options
Email: Daniellebarron@csoinc.org or info@csoinc.org
Website: https://www.csoinc.org/community-based-programs

Berkshire Pathways

Update: Berkshire Pathways has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.

199 B South Street
Pittsfield, MA 01201
Director: David Brien
Phone: (413) 464-7949
Fax: (413) 464-7942
Org: Viability
Email: dbrien@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/BerkshirePathways
Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

Ad-Lib, Inc. – Pittsfield
Update: All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page.

Joseph Castellani, Jr., Executive Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: jcastellani@adlibcil.org or adlib@adlibcil.org
Website: https://www.adlibcil.org/ or https://www.facebook.com/AdLibCIL/

STAVROS – Amherst
Update: Stavros is currently asking the public not to come into its offices for the health of its staff, and to call or email instead. Calls or emails will be returned within 24 hours. However be aware that calls may be returned from different numbers, so please answer. More contact information is available at https://www.stavros.org/Contact_us.

Angelina Ramirez, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: aramirez@stavros.org or info@stavros.org
Website: www.stavros.org or https://www.facebook.com/stavros413/
Center for Living and Working, Inc. – Worcester

**Update:** All Center for Living and Working staff are currently working remotely. Please leave a message and the call will be returned. The Facebook page contains general information and resources.

Meg Coffin, Chief Executive Officer
484 Main Street, Suite 345
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: 508-762-1164
TTY: (508) 755-1003
 Toll-free: 1-800-570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: [http://www.centerlw.org/](http://www.centerlw.org/) or [https://www.facebook.com/CenterForLivingAndWorking/](https://www.facebook.com/CenterForLivingAndWorking/)

Boston Center for Independent Living – Boston

**Update:** The office is closed due to COVID-19. All staff are working remotely. Please call and leave a message.

Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org
Website: [https://bostoncil.org/](https://bostoncil.org/)

Cape Organization for the Rights of the Disabled – Hyannis

**Update:** CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.

Coreen Brinckerhoff, Chief Executive Officer
106 Bassett Lane
Hyannis, MA 02601
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: [http://www.cilcapecod.org](http://www.cilcapecod.org) or [https://www.facebook.com/cordcapecod/](https://www.facebook.com/cordcapecod/)
Independence Associates, Inc. – East Bridgewater

**Update:** Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call.

Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: https://www.iacil.org/

Disability Resource Center

**Update:** Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom, or Skype. Please continue to reach out by phone or email.

Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: https://disabilityrc.org/ or https://www.facebook.com/DisabilityRCSalem

MetroWest Center for Independent Living – Framingham

**Update:** All direct service staff at MetroWest Center for Independent Living are currently working remotely. Please call the main office and someone will answer and direct your call.

Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: https://www.mwcil.org/ or https://www.facebook.com/MWCIL/

Northeast Independent Living Center – Lawrence

**Update:** All NILP staff are working remotely but still providing services. Please email or call.

June Sauvageau, Chief Executive Officer

**Lawrence Site:**
20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488
Lowell Site:
35 John Street, 2nd Floor
Lowell, MA 01852
Phone: V/TTY: (978) 687-4288
Fax: (978) 455-4999
Email: jsauvageau@nilp.org or help@nilp.org
Website: www.nilp.org or https://www.facebook.com/NortheastIndependentLivingProgram/

Southeast Center for Independent Living – Fall River
Update: All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message.

Lisa Pitta, Executive Director
66 Troy Street, Suite #3
Fall River, MA 02720
Phone: (508) 679-9210
Fax: (508) 677-2377
Email: lpitta@secil.org or scil@secil.org
Website: http://www.secil.org/ or https://www.facebook.com/SCILinc/

Miscellaneous Resources

Massachusetts Advocacy and Legal Resources

- Disability Law Center of Massachusetts: https://www.dlc-ma.org/
  Update: DLC staff are working remotely at this time. Please call 617-723-8455 or 800-872-9992 to request assistance, or email mail@dlc-ma.org.

- Mental Health Legal Advisors Committee (MHLAC): http://www.mhlac.org/
  Update: MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.
Other Local Peer Resources

Jonathan O. Cole Resource Center
Update: Although the office is currently closed, volunteers are working remotely to provide information and support. They can be reached by email or by leaving a message. Someone will respond within 24 hours, Monday through Friday. The center’s support groups have gone online. More information is available on the website.

demarneffe building, Room 120A
115 Mill Street
Belmont, MA 02478
Phone: (617) 855-3298
Fax: (617) 855-3666
Email: info@coleresourcecenter.org
Website: https://www.coleresourcecenter.org/

National Depression and Bipolar Support Alliance (DBSA)
Update: For online support please go to: https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/

55 E. Jackson Blvd, Suite 490
Chicago, Illinois 60604
Toll-free Phone: 1-800-826-3632
Fax: (312) 642-7243
Email: info@dbsalliance.org
Website: http://www.dbsalliance.org

Depression and Bipolar Support Alliance of Boston (DBSA-Boston)
Update: Please refer to the DBSA Boston website for its expanding range of online support options.

Contact: Barry Park
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/DBSABoston/
NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)

Update: NAMI GB PSAN is currently holding a private Tuesday zoom support meeting for staff but is closed to new members at this time. There is also a Zoom meeting that features a speaker series on the third Thursday of the month from 6:30-7:30 p.m., co-sponsored by the Metro Boston Recovery Learning Community: [http://metrobostonrlc.org/zoom-speaker-schedule/](http://metrobostonrlc.org/zoom-speaker-schedule/)

NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Erich Lindemann Building, Plaza Level
25 Staniford Street
Boston, MA 02114
Phone: (781) 642-0368
Email: info@namiboston.org
Website: [https://namiboston.org/people-living-mental-illness/](https://namiboston.org/people-living-mental-illness/)

Hearing Voices Network USA

Update: Online groups are available. For questions and details on how to access the groups, please email.

Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.

Email: info@hearingvoicesusa.org
Website: [http://www.hearingvoicesusa.org/](http://www.hearingvoicesusa.org/)

Massachusetts United for Connection and Healing (MUCH)

Update: MUCH is currently hosting a Statewide Bridging Connection Call and a CPS Connection Call on the first Wednesday of every month. It is also offering 1:1 support for Certified Peer Specialists statewide during the COVID-19 pandemic. For more information on all MUCH activities, contact Mike MacInnis at mmacinnis@kivacenters.org.

A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.

Contact: Khalil Power, Project Coordinator
Email: info@muchnetwork.org
Website: [www.MUCHNetwork.org](http://www.MUCHNetwork.org)
Opening Doors to the Arts (ODA)

*Update:* Opening Doors to the Arts is posting information about virtual, online events through its email list. Please contact Howard Trachtman at howard@openingdoorstothearts.org for further information.

Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (Twohats)

*Update:* The Two Hats Networking Dinners are currently discontinued due to the pandemic.

This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.

Contact: Howard D. Trachtman, BS, CPS, CPRP
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org

Other National Peer Resources

*Crisis Text Line*
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.

Phone: Text HOME to 741741
Website: https://www.crisistextline.org/

*Peer-run National Technical Assistance Centers*

- **The National Empowerment Center**: http://www.power2u.org/
- **STAR Center** (Support, Technical Assistance and Resources): http://www.peerstar.org/
- **Peerlink Technical Assistance Center**, a project of MHA of Oregon: http://www.peerlinktac.org/
- **Consumer Supporter Technical Assistance Center** - The Family Café: http://cafetacenter.net/
• **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery: [http://www.doorstowellbeing.org/](http://www.doorstowellbeing.org/)

  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)