About A.R.E.A.S.

Addiction Recovery Education Access Services (A.R.E.A.S.) is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Topics chosen by group participants
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with MOAR in a personal way

Topics Include

- Recovery Coping Skills
- Values Building
- Mental Health, Trauma, Addictions & Recovery
- Harm Reduction
- Understanding CORI
- Healthy Relationships

Have a Question?
Massachusetts Organization for Addiction Recovery (MOAR)
kim@moar-recovery.org
www.MOAR-Recovery.org

AN ONLINE VIRTUAL MEETING OPEN TO ALL
Tuesday, 10:00-11:00AM
Starting March 2, 2021

Topic: New Bedford AREAS/ACTION for Recovery Meeting /Rise

Join Zoom Meeting
https://us02web.zoom.us/j/82310110870?pwd=NC9LdhZvSWRvMDFhZm1TbHhnNjQzQT09
Meeting ID: 823 1011 0870
Passcode: 628714

Dial by your location
+1 929 205 6099 US (New York)
+1 312 626 6799 US (Chicago)
+1 669 900 6833 US (San Jose)
+1 925 215 7972 US (Fremont)
+1 346 248 7799 US (Houston)

Meeting ID: 823 1011 0870
Passcode: 628714

Find your local number: https://us02web.zoom.us/u/kewR85mO1r

NEW BEDFORD