





# Addiction Recovery Education Access Services (A.R.E.A.S.)

## About A.R.E.A.S.

Addiction Recovery Education Access Services is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with MOAR in a personal way

#### **Meeting Information**

Topic: Fall River AREAS

Time: Every Friday, 10:30 AM EST

Zoom Link: https://moar-recovery-org.zoom.us/ j/84273784839?pwd=bnBqVjAxdldmV3NGbXdRQ09LWGxyQT09

Meeting ID: 874 1480 3387

Password: recovery

Have a Question? info@moar-recovery.org

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Connect with us: @moarrecovery // 617-423-6627

# 10:30AM-11:30AM

**Fridays** 

### Topics Include

- Skills Building
- Family & Addiction
- Building Values in Recovery
- Mental Health & Trauma
- Multiple Pathways
- Harm Reduction
- Understanding CORI
- Healthy Relationships
- Spirituality & Recovery
- Housing & Recovery



Scan code above with your camera to access the meeting from a mobile device