



New Beginnings
PEER RECOVERY CENTER
Hosted By Spectrum Health Systems

Lawrence

Addiction Recovery Education Access Services (A.R.E.A.S.)

Fridays
2:30PM-3:30PM

About **A.R.E.A.S.**

Addiction Recovery Education Access Services is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with **MOAR** in a personal way

New Beginnings Peer Recovery Center
487 Essex Street
Lawrence, MA 01840

Have a Question? info@moar-recovery.org

Topics **Include**

- Skills Building
- Family & Addiction
- Building Values in Recovery
- Mental Health & Trauma
- Multiple Pathways
- Harm Reduction
- Understanding CORI
- Healthy Relationships
- Spirituality & Recovery
- Housing & Recovery



Connect with us:
@moarrecovery // 617-423-6627