



## Addiction Recovery Education Access Services (A.R.E.A.S.)

Massachusetts Organization for Addiction Recovery

# Brockton

## A HYBRID MEETING

### OPEN TO ALL

Wednesday, 12PM-1PM

## About A.R.E.A.S.

Addiction Recovery Education Access Services (A.R.E.A.S.) is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Topics chosen by group participants
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with **MOAR** in a personal way

## Topics Include

Skills Building	Harm Reduction
Family & Addiction	Understanding CORI
Building Values in Recovery	Healthy Relationships
Mental Health & Trauma	Spirituality & Recovery
Multiple Pathways	Housing & Recovery

### Have a Question?

[kim@moar-recovery.org](mailto:kim@moar-recovery.org)  
[www.MOAR-Recovery.org](http://www.MOAR-Recovery.org)



Call For More Information  
(774) 257-5660



# zoom

## Meeting Information

Scan code below with your  
camera to access meeting  
from a mobile device



Topic: Brockton AREAS

Time: Every Wednesday, 12:00 PM EST (US and Canada)

Join Zoom Meeting:

<https://moar-recovery-org.zoom.us/j/87321442609?pwd=ZmZ0akV3T1NpSOVzb2N1czZlQlUFIUT09>

Meeting ID: 873 2144 2609

Password: recovery

Dial by your location:

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)