



# Roxbury

A HYBRID MEETING OPEN TO ALL

## About **A.R.E.A.S.**

Addiction Recovery Education Access Services is a **FREE** weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with **MOAR** in a personal way

## Meeting Information

Topic: Roxbury AREAS

Time: Every Thursday, 11:00 AM EST

Zoom Link: <https://us02web.zoom.us/j/6174427837>

Meeting ID: 617 442 7837

STEPRox

153 Blue Hill Ave

Roxbury, MA 02119

Have a Question? [info@moar-recovery.org](mailto:info@moar-recovery.org)

## Addiction Recovery Education Access Services (A.R.E.A.S.)

Thursdays  
**11:00AM-12:00PM**

## Topics **Include**

- Skills Building
- Family & Addiction
- Building Values in Recovery
- Mental Health & Trauma
- Multiple Pathways
- Harm Reduction
- Understanding CORI
- Healthy Relationships
- Spirituality & Recovery
- Housing & Recovery

zoom



Scan code above with your camera to  
access the meeting from a mobile device



Connect with us:

@moarrecovery // 617-423-6627